Monday	Tuesday	Wednesday	Thursday
	COMING SOON	COMING SOON	COMING SOON
	7.30am - 8.30am	7.30am - 8.30am	7.30am - 8.30am
	7.30am - 8.30am	7.504111 - 0.504111	7.30aiii - 8.30aiii
Personal	Personal	Personal	Personal
Training	Training	Training	Training
			8
COMING SOON	COMING SOON	COMING SOON	COMING SOON
11am - 12noon	11am - 12noon	11am - 12noon	11am - 12noon
Muay Thai	Muay Thai	Muay Thai	Muay Thai
12noon - 1pm	12noon - 1pm	12noon - 1pm	12noon - 1pm
Personal Training	Personal Training	Personal Training	Personal Training
Muay Thai	Muay Thai	Muay Thai	Muay Thai
5.15pm - 6.30pm	5.15pm - 6.30pm	5.15pm - 6.30pm	5.15pm - 6.30pm
Muay Thai	Muay Thai	Muay Thai	Muay Thai
6.30pm - 7.45pm	6.30pm - 7.45pm	6.30pm - 7.45pm	6.30pm - 7.45pm
Pads + Bags	Muay Thai	Pads + Bags	Muay Thai
7.45pm - 8.45pm	7.45pm - 8.45pm	7.45pm - 8.45pm	7.45pm - 8.45pm

Fighter	Fighter	
By Invitation	By Invitation	
7.30am - 10.30am	7.30am - 10.30am	
Muay Thai	Muay Thai	
10am - 11.30pm	10am - 11.30pm	
Muay Thai	Muay Thai	
12.30pm - 2pm	12.30pm - 2pm	
Fighter	Fighter	
By Invitation	By Invitation	
3pm - 5.30pm	3pm - 5.30pm	

Saturday

Sunday

Friday